

FIRST SUNDAY SCHOOL LESSON

THEME FOR THE MONTH:

DO UNTO OTHERS – TEACHING LOVE AND COMPASSION

"Do to others as you would have them do to you." – Luke 6:31



LESSON 1: HOW OUR WORDS AFFECT OTHERS

Key Verse: Proverbs 12:25 – “Anxiety weighs down the heart, but a kind word cheers it up.”

Story Source: *To Tease a Bumble* (Rumbly is teased by Pinky, Pete, and Punky)

Supporting Bible Character: Zacchaeus (Luke 19:1–10) – He was very short, and people

looked down on him.

Memory Verse: Luke 6:31 – “Do to others as you would have them do to you.”

Opening Prayer:

“Dear Lord, thank You for bringing us together today. Please help us understand how our words and actions affect others. Teach us to show love, kindness, and compassion to everyone. Amen.”

Lesson Objectives:

By the end of today’s lesson, children will:

- Feel and understand how teasing hurts.
- Learn from Rumbly and Zacchaeus that unkind actions can make hearts heavy.
- Practice showing kindness, encouragement, and compassion instead of teasing.

Story Exposition:

In the sunny Bog, little Rumbly Bummble shuffled along with his mom. His legs wobbled and tottered, and sometimes—oops!—he bumped into sticks and stones. “Steady, Rumbly,” whispered his mom, giving him his lunch money.

But oh no! Three cheeky sheep—Pinky, Pete, and Punky—were waiting by the school gate. They giggled and whispered to each other, ready to tease.

“Look at Rumbly wobble-wobble-wobble!” they sang, hopping and laughing. Rumbly’s cheeks turned red. His tummy twisted. His little heart felt so heavy. He wanted to disappear.



Kids, teasing is when someone says or does something to make another person feel small, embarrassed, or hurt. Maybe you’ve felt it when:

- A friend laughed when you tripped.
- Someone made fun of your drawing.
- A classmate called you a silly name.

Rumbly felt sad, embarrassed...and alone. But guess what? Even in tough times, God sees us.

Just like Rumbly asked Hartlie for help, Zacchaeus wanted to see Jesus even though people looked down on him. Zacchaeus was very short, but he didn’t let fear stop him. He climbed a tree to see Jesus—and Jesus welcomed him with love.

Both Rumbly and Zacchaeus felt small and hurt, but God saw their hearts. He cares about everyone, no matter how different they look or move.

Bible Connection:

- Zacchaeus trusted Jesus even though people made fun of him.
- Rumbly turned to Hartlie, showing we can ask God for help when we feel hurt.
- Both stories teach us that God sees our pain and wants us to treat others with love.

How to Treat Others God's Way:

- **Think First:** Pause and ask, “Would I like this if it happened to me?”
- **Speak Kind Words:** Encourage, cheer, smile—don’t laugh at mistakes.
- **Be Compassionate:** Notice if someone is sad; offer a hand or a hug.
- **Pray for Others:** Ask God to bless everyone, even those who are unkind.

Conclusion:

Teasing is like throwing stones at someone’s heart. Ouch! It leaves marks that can make people feel small. Rumbly felt sad, but Hartlie showed him God’s love and taught the sheep a lesson. Zacchaeus’ story reminds us that God sees the hurt and guides hearts toward kindness.

Lessons Derived:

- Teasing and unkind words hurt.
- God wants us to treat others with love and compassion.
- Our words can cheer someone’s heart—or make it heavy. Choose kindness!

Questions:

1. Why did Pinky, Pete, and Punky tease Rumbly?
2. How did Rumbly feel when teased?
3. How is Rumbly’s experience similar to Zacchaeus’ story?
4. What are some ways you can show kindness instead of teasing?

Prayer Focus:

“Lord Jesus, thank You for loving me even when I make mistakes. Help me speak kind words, treat everyone the way I want to be treated, and show compassion to all. Amen.”

Weekly Devotional Reading:

- Monday: Proverbs 12:25 – Words can hurt or cheer.
- Tuesday: Luke 6:31 – Treat others as you want to be treated.
- Wednesday: James 2:8 – Love your neighbor as yourself.

- Thursday: 1 Peter 3:8–9 – Be compassionate and forgiving.
- Friday: Galatians 6:10 – Do good to everyone.
- Saturday: 1 Peter 4:8 – Love covers over a multitude of sins.

Assignment:

This week, notice when someone is teased or made fun of. Draw or write:

- Who was teased?
- How did it make them feel?
- How could you help or show kindness?

Next Sunday, share **one act of kindness** you did or witnessed.

